

We've organised a whole range of exciting activities to keep people busy over the summer. Alongside each activity we've put an indication of whether we think it will be more suitable for younger teenagers or young adults. If you want to give something a go that's not aimed at your age group, speak to Neil or Catriona and we'll see if we can fit you in somewhere!

Dates are on the back of this leaflet - we'll need a consent form and health form to confirm your place on activities. Most activities are offered free, but there will be a **£5 cancellation fee** if you book a place and don't turn up, or cancel on the day of the event

Big Days in the Hills

these are walks aimed at older teenagers and people who do a fair bit of sport. We'll be heading out to tackle some of Scotland's amazing mountains, explore a little bit of the history that surrounds them, and find out a little bit more about how our country got to be the way it is.

Wild Walks

For those of you who don't feel ready to take on our mahoosive Munros quite yet, there will be a chance to explore some more manageable mountains, along with some of the stories, myths and mysteries that have built up around them.

Outdoor Climbing (Juniors / Seniors)

We'll be heading out to explore some of the outdoor climbing that's available around Glasgow and Southern Scotland. Each trip will be planned to take best advantage of the weather, but we'll be hoping to visit several different locations, and maybe fit in the odd ice cream here and there!

Canoeing

Especially for the people who think Scottish summers just aren't wet enough, we've got some canoeing taster sessions at Pinkston. If you catch the bug, then there's the option to sign up for the Paddle Power course - a week long coaching opportunity that should turbo charge your ninja kayaking skills!

Ski / Snowboarding

Fancy becoming the next Laura McIntyre, gracefully floating across the snow under sunny skies in the Italian Alps - well it all starts here, with the opportunity to get involved in Snow Camp's First Tracks programme; two days of coaching and personal development at INTU in Braehead. If you do well here, who knows, you might find yourself on a bus to Italy next April!

Camping/Residential

If you fancy getting away from Glasgow for wee bit, spending a night under the stars in a tent, watching dolphins on a beach in Mull, meeting some young people from France, or just want to give your mum peace for a week, then why not have a look at some of the residential opportunities we've lined up for you...



book your place here ↙

29/06/2017	Craigallian History Walk	Seniors	Carbeth	
02/07/2017	Interfaith Hillwalk	Seniors	Ben Ledi	
06/07/2017	Hill Walk - Exploring Scotland's History	Seniors	TBC	
13/07/2017	Hill Walk - Exploring Scotland's History	Seniors	TBC	
19/07/2017	Cairngorms Overnight Hike n' Camp	Seniors	Aviemore	
20/07/2017	Cairngorms Overnight Hike n' Camp			

Wild Walks

Date	Activity	Group	Venue	
30/06/2017	Wild Walk	Juniors	Duncryne	
07/07/2017	Wild Walk	Juniors	The Whangie	
14/07/2017	Wild Walk	Juniors	Dumyat	
27/07/2017	Wild Walk	Juniors	Ben A'an	
08/08/2017	Wild Walk n' Camping (8 Aug - 9 Aug)	Juniors	TBC	

Outdoor Climbing

Date	Activity	Group	Venue	
03/07/2017	Outdoor Climbing	Seniors		
05/07/2017	Outdoor Climbing	Juniors		
10/07/2017	Outdoor Climbing	Seniors		
12/07/2017	Outdoor Climbing	Juniors		
17/07/2017	Outdoor Climbing	Seniors		
21/07/2017	Outdoor Climbing	Juniors		
24/07/2017	Outdoor Climbing	Seniors		
26/07/2017	Outdoor Climbing	Juniors		

Canoeing

Date	Activity	Group	Venue	
04/07/2017	Canoeing Taster	Juniors	Pinkston	
11/07/2017	Canoeing Taster	Juniors	Pinkston	
18/07/2017	Canoeing Taster	Juniors	Pinkston	
25/07/2017	Canoeing Taster	Juniors	Pinkston	
07/08/2017	Paddle Power Canoe Course	12-16	Pinkston	

Residentials

Date	Activity	Group	Venue	
01/07/2017	Iona - Junior Youth Festival	11-13	Kincraig	
21/07/2017	Stevenson Adventure Mull Trip (21 Jul - 28 Jul)	15-18	Mull	
29/07/2017	Camas Residential (29 July - 4 Aug)	S1-S5	Camas Centre, Mull	